



**COLOMBO 2007**  
1<sup>st</sup> South Asian Junior Athletic Championships

# 1<sup>st</sup> South Asian Junior Athletic Championships Colombo 2007

On 29<sup>th</sup> & 30<sup>th</sup> of November at Sugathadasa Stadium, Colombo

## Day 1 (29<sup>th</sup> November)

### **Event No. 101 Javelin Throw (Women) Final 10.30 am**

Asian Junior Record	: 62.93	Xue Juan	China	27.10.2003
South Asian Junior Record	: 52.33	Suman Devi	India	29.10.2002
1	170	PP Serena Clarence	Sri Lanka	39.42 m.
2	103	Panamala Asha Mary	India	38.12 m.
3	102	Kispotta Sofia	India	36.81 m.
4	144	Madiha Latif	Pakistan	36.43 m
5	172	PLDTS Seneviratne	Sri Lanka	36.03 m.
6	171	DAK Chathurani Neelaka	Sri Lanka	35.25 m.
7	145	Amna Butt	Pakistan	34.58 m.

### **Event No. 102 High Jump (Men) Final 10.30 am**

Asian Junior Record	: 2.33	Zhu Jianhua	China	01.12.1982
South Asian Junior Record	: 2.25	Harishankar Roy	India	28.09.2004
1	251	GM Udara Silva	Sri Lanka	2.05 m
2	179	Chittarasu Nikhil	India	2.02 m
3	177	Hossain Sajib	Bangladesh	2.02 m
4	178	Vipin Singh	India	1.99 m
4	250	WA Amitha kasun	Sri Lanka	1.99 m
4	252	Kasun Sampath	Sri Lanka	1.99 m
7	228	M Wajahat Ayaz	Pakistan	1.93 m

### **Event No. 103 400 M. Hurdles (Men) Final 10.40 am**

Asian Junior Record	: 48.94	Ibrahim Al-Hamaidi	Saudi Arabia	16.07.2004
South Asian Junior Record	: 51.37	P Shankar	India	17.12.2002
1	195	Paul Jithin	India	52.91
2	196	Varghese Shejil	India	53.62
3	246	PPD Sasanka Rankoth	Sri Lanka	54.36
4	249	Joy Augustine	Sri Lanka	56.11
5	248	W Udaya Viraj	Sri Lanka	56.38
6	225	Azad Manzoor	Pakistan	57.06

**Event No. 104                      Long Jump (Men) Final                      03.30 pm**

Asian Junior Record            : 8.17                      Zhang Xiaovi                      China                      23.04.2006  
South Asian Junior Record : 7.87                      Sanjay Kumar Rai                      India                      05.11.1998

1	189	Rane Krishna Kumar	India	7.45 m	+3.1
2	245	Sajith Nadeeshan	Sri Lanka	7.36 m	+1.6
3	253	KG Sumith Rathnayake	Sri Lanka	7.08 m	+3.7
4	176	Rahaman Habibur	Bangladesh	7.00 m	+2.9
5	181	Adhikari Tanmoy	India	6.95 m	+2.7
6	254	MP Asanka Sandaruwan	Sri Lanka	6.77 m	+2.4
7	227	Muhammad Imran	Pakistan	6.33 m	+1.7
8	226	Mazhar Farid	Pakistan	6.23 m	+2.3

**Event No. 105                      Shot Put (Women)                      Final                      03.30 pm**

Asian Junior Record            : 20.02                      Cheng Xiaoyan                      China                      05.06.1994  
South Asian Junior Record : 14.84                      Seema Antil                      India                      04.10.2002

1	128	Kaur Manpreet	India	13.76 m
2	129	Jakhar Neelam	India	12.95 m
3	166	Devni Madurapperuma	Sri Lanka	12.42 m
4	167	WMSK Weerasekara	Sri Lanka	12.28 m
5	168	WT Kumudumali Fernando	Sri Lanka	11.60 m
6	144	Madiha Latif	Pakistan	11.17 m

**Event No. 106                      Discus Throw (Men) Final                      03.30 pm**

Asian Junior Record            : 64.51                      Wu Tao                      China                      16.07.2002  
South Asian Junior Record : 56.93                      Vikas Gowda                      India                      17.07.2002

1	186	Dinesh Kumar	India	54.00 m
2	187	Antil Akash	India	51.58 m
3	231	Muhammad Arsalan	Pakistan	48.28 m
4	261	M Niranga Paul	Sri Lanka	43.04 m
5	259	Charith Kapukotuwa	Sri Lanka	42.11 m
6	262	DST Hettiarachchi	Sri Lanka	40.08 m
7	229	Muhammad Sajjad	Pakistan	32.68 m

**Event No. 107                      200 M (Women) Final                      04.00 pm**

Asian Junior Record            : 22.83                      Chen Yuxiang                      China                      21.10.1997  
South Asian Junior Record : 23.16                      Susanthika Jayasinghe                      Sri Lanka                      20.09.1994

1	106	Arulappan Jessy	India	25.32
2	148	JANS Jayasinghe	Sri Lanka	25.39
3	107	Nanda Srabani	India	25.49
4	147	Shamalka Anandagoda	Sri Lanka	26.11
5	101	Israt Jahanaraeva	Bangladesh	26.25
6	131	Hawwa Haneefa	Maldives	29.05
7	133	Emau Ahmed Saleem	Maldives	30.52
8	139	Seema Baloch	Pakistan	31.87

Wind : - 2.1



**Event No. 112                      4 X 400 M (Women) Final                      05.40 pm**

Asian Junior Record                      : 3:32.59                      National Junior Team    China                      20.08.2006  
South Asian Junior Record    : 3:40.50                      National Junior Team    India                      31.10.2002

1	IND	Gujjala Harathi, Komal Tehlan Mazumdar Debashree, Chadrika Arya	India	3:50.27
2	SRI	Dhanukshi Perera, RM Mihirani Perera MMPGSK Samaraweera, RAH Nisansala	Sri Lanka	3:57.62
3	MDV	Jauna Abdullah, Hawwa Haneefa E Ahmed Saleem, Aishath Reesha	Maldives	4:46.90
	PAK	Nadia Zulfiqar, Kiran Rana Azalfa Shafi, Tasneem Akntar	Pakistan	Disq.

**Event No. 113                      4 X 400 M (Men) Final                      05.50 pm**

Asian Junior Record                      : 3:05.33                      National Junior Team    Japan                      18.07.2004  
South Asian Junior Record    : 3:10.06                      National Junior Team    India                      31.10.2002

1	IND	Jaspal Singh, Jithin Paul Varghese Shejil, Manindar Singh	India	3:14.56
2	SRI	Nuwan Abeywickrama, KTM Harris C Saman Kumara, GLT Ishara	Sri Lanka	3:15.68
3	MDV	Ismail Shaneem, Tholal Hassan Ismail Murusheed, Ahmed Rayyan	Maldives	4:04.22
	PAK	Pervaiz Hussain, Shahid Ali Asad Manzoor, Farhan Ahmed	Pakistan	Disq.

**Day 2 (30<sup>th</sup> November)**

**Event No. 201                      100 M (Women) Heat -1                      10.00 am**

Asian Junior Record                      : 11.17                      Xiao Lin                      China                      18.10.1997  
South Asian Junior Record    : 11.42                      Damayanthi Dharsha    Sri Lanka                      18.09.1994

1	106	Jessy Arulappan	India	12.13
2	146	Hiyanthi Piyadigama	Sri Lanka	12.17
3	148	J.A.N.S. Jayasinghe	Sri Lanka	12.37
4	130	Jauna Abdulla Nafiz	Maldives	13.33
5	136	Anum Mushtaq	Pakistan	14.41

Wind : + 1.3

**100 M (Women) Heat -2                      10.05 am**

Asian Junior Record                      : 11.17                      Xiao Lin                      China                      18.10.1997  
South Asian Junior Record    : 11.42                      Damayanthi Dharsha    Sri Lanka                      18.09.1994

1	107	Srabani Nanda	India	12.46
2	147	Samalka Anandagoda	Sri Lanka	12.56
3	101	Israt Jahan EVA	Bangladesh	12.69
4	144	Madiha Latif	Pakistan	12.83
5	131	Hawwa Haneefa	Maldives	13.44

Wind : +0.5

**Event No. 202                      Shot Put ( Men) Final                      10.10 am**

Asian Junior Record                      : 21.25                      Gao Yong                      China                      01.09.2006  
South Asian Junior Record                      : 20.35                      Saurabh Vij                      India                      17.06.2006

1	183	Aswani Solanki	India	17.01 m
2	182	Shiv Kumar	India	16.77 m
3	258	D. Srinath Perera	Sri Lanka	15.10 m
4	260	KM Nalin Buddika	Sri Lanka	13.92 m
5	229	Muhammad Sajjad	Pakistan	12.97 m
6	231	Muhammad Irsalan	Pakistan	12.45 m
7	259	Charith Kapukotuwa	Sri Lanka	12.39 m

**Event No. 203                      High Jump (Women) Final                      10.10 am**

Asian Junior Record                      : 1.95                      Tatyana Efimenko                      Kazakhstan                      06.10.1999  
South Asian Junior Record                      : 1.81                      Sangeetha Mohan                      India                      05.04.2004

1	160	Dulanjali Ranasinghe	Sri Lanka	1.75 m
2	125	Kavya Muthanna	India	1.72 m
3	161	Lahiruni Peiris	Sri Lanka	1.69 m
4	162	LH Sajani Madushika	Sri Lanka	1.66 m
5	109	Gayathry Govindaraj	India	1.45 m

**Event No. 204                      Long Jump (Women) Final                      10.20 am**

Asian Junior Record                      : 6.80                      Peng Fengmei                      China                      18.04.1998  
South Asian Junior Record                      : 6.25                      Ruta Patkar                      India                      04.10.2002

1	126	Mayookha Johny	India	6.01 m	-1.5
2	127	Runu Bala Mahanta	India	5.65 m	+0.1
3	164	R. Shyamali Gamage	Sri Lanka	5.46 m	+0.4
4	163	Chirani Amarasiri	Sri Lanka	5.41 m	-0.5
5	165	Achintha Nirmani	Sri Lanka	5.29 m	-0.4
6	138	Nadia Zulfiqar	Pakistan	4.30 m	-0.6

**Event No. 205                      100 M Hurdles (Women) Final                      10.30 am**

Asian Junior Record                      : 12.92                      Sun Hongwei                      China                      18.10.1997  
South Asian Junior Record                      : 13.89                      Debi Bose                      India                      14.12.1996

1	122	Raji Christudas T	India	14.86
2	158	E.S. Sachintha Perera	Sri Lanka	14.95
3	123	Hani Yuppapapati	India	15.14
4	159	DA Harshani Wijesinghe	Sri Lanka	15.29
5	143	Zara Razzaq	Pakistan	18.38
	157	D.W.M. Shainy Mahaliyana	Sri Lanka	DNS

Wind : +2.4

**Event No. 206                      110 M Hurdles (Men) Final                      10.45 am**

Asian Junior Record                      : 13.12                      Liu Xiang                      China                      02.07.2002  
South Asian Junior Record : 14.12                      Naunidh Singh                      India                      20.09.2003

1	208	Balamurugan Thiyagarajan	India	14.62
2	224	Mohsin Ali	Pakistan	14.65
3	247	KAD Ranga Kelum	Sri Lanka	14.78
4	225	Asad Manzoor	Pakistan	15.94
	245	Sajith Nadeeshan	Sri Lanka	DNF
	207	Joyal Joseph	India	DNF
	246	R.P.D. Sasanka Rankoth	Sri Lanka	DNS

Wind : +1.6

**Event No. 207                      Triple Jump (Men)                      Final                      03.00 pm**

Asian Junior Record                      : 17.23                      Gu Junjie                      China                      26.09.2004  
South Asian Junior Record : 16.06                      M. Renjith                      India                      18.12.2004

1	210	Dhiraj Kumar K Mishra	India	15.78 m	+1.5
2	209	Deepankumar Velusamy	India	15.76 m	+0.5
3	255	H.B. Chanuka E. De Silva	Sri Lanka	14.86 m	-0.7
4	256	Isuru Udana Thialakarathna	Sri Lanka	14.79 m	+0.0
5	257	Lakshan Batugedara	Sri Lanka	14.59 m	+0.2
6	226	Mazhar Farid	Pakistan	13.82 m	-1.6
	227	Muhammad Imran	Pakistan	DNS	

**Event No. 208                      Discus Throw (Women) Final                      3.00 pm**

Junior Record                      : 66.08                      Cao Qi                      China                      12.09.1993  
South Asian Junior Record : 59.26                      Seema Antil                      India                      04.10.2002

1	104	Priyanka Bhanot	India	45.79 m
2	105	Rinku Rani	India	40.89 m
3	167	W.M.S.K. Weerasekara	Sri Lanka	37.28 m
4	169	T. Anusha	Sri Lanka	36.34 m
5	166	Devni Madurapperuma	Sri Lanka	36.22 m
6	135	Sararah Ahmed Didi	Maldives	22.09 m
7	144	Madiha Latif	Pakistan	21.61 m

**Event No. 209                      100 M ( Men) Final                      4.10 pm**

Asian Junior Record                      :10.22                      Vitaliy Medvedev                      Kazakhstan                      14.07.1995  
South Asian Junior Record :10.57                      Mohammad Mudassir                      India                      17.07.2003

1	233	Shehan Ambepitiya	Sri Lanka	10.69
2	188	Hemant Maruti Kirulkar	India	10.73
3	232	A. Daham Madawa	Sri Lanka	10.83
4	189	Krishna Kumaras Ranr	India	10.97
5	216	Ali Amir Murad	Pakistan	11.00
6	217	M. Asif Javed	Pakistan	11.21
7	176	Rahaman Habibur	Bangladesh	11.54
	211	Tholaal Hassan	Maldives	DNS

Wind : + 1.6



7	213	Ismail Saneem	Maldives	54.52
8	214	Ahmed Rayyan	Maldives	60.14

**Event No. 214                      800 M (Women) Final                      4.50 pm**

Asian Junior Record	: 1:57:18	Wang Yuan	China	18.10.1997
South Asian Junior Record	: 2:04.15	Geetha Manral	India	13.09.1999

1	119	Bindhu Simon Rajam	India	2:17.91
2	120	Manpreet Kaur	India	2:19.84
3	153	K.R.P. Sanjeevani	Sri Lanka	2:20.61
4	152	Y. Udeni Pushpakumari	Sri Lanka	2:22.68
5	154	TMNWMK Seelaratne	Sri Lanka	2:25.86
6	134	Aishath Reesha	Maldives	1:38.31
	140	Azalfa Shafi	Pakistan	DNS
	141	Kiran Rana	Pakistan	DNS

**Event No. 215                      1500 M (Men) Final                      5.05 pm**

Asian Junior Record	: 3:31.49	Bilal Mansour Ali	Bahrain	02.07.2007
South Asian Junior Record	: 3:47.36	Ravindra Kumar Singh	India	03.05.2006

1	204	Trinadh Pandala	India	3:57.05
2	202	Prakash Verma	India	4:01.43
3	237	A.M.E.G.K.D. Abeysinghe	Sri Lanka	4:03.59
4	240	P. Eranda Gamage	Sri Lanka	4:07.27
5	222	Muhammad Tanveer Abbas	Pakistan	4:08.08
6	241	WD Shiran Kanchana	Sri Lanka	4:22.78
	221	Farhan Ahmad	Pakistan	DNS

**Event No. 216                      4 X 100 M ( Women) Final                      05.25 pm**

Asian Junior Record	: 44.75	National Junior Team	China	20.09.1994
South Asian Junior Record	: 45.85	National Junior Team	India	05.12.1996

1	SRI	Hiyanthi Piyadigama, Samalka Anandagoda, J.A.N.S. Jayasinghe ,Achintha Nirmani	Sri Lanka	47.14
2	IND	Jessy Arulappan , Srabani Nanda, Gayathry Govindaraj, Arjina Khatun	India	47.34
3	MDV	Jauna Abdulla Nafiz, Hawwa Haneefa, Afnaan, Emau Ahmed Saleem	Maldives	52.19
4	PAK	Anam Mushtaq, Madiha Latif Nadia Zulfiqar, Tasneem Akhtar	Pakistan	53.50

**Event No. 217                      4 X 100 M ( Men) Final                      05.35 pm**

Asian Junior Record	: 39.30	National Junior Team	Japan	28.10.2002
South Asian Junior Record	: 40.56	National Junior Team	India	12.06.2004

1	SRI	A. Daham Madawa, Shehan Ambepitiya, B.R. Ashan Hasaranga, Keith De Mel	Sri Lanka	41.27
2	IND	Hemant Maruti Kirulkar, Kumar Mallick Krishna Kumaras Ranr, Premkumar Annadurai,	India	42.30
3	MDV	Tholaal Hassan, Ismail Saneem, Ismail Murusheed, Ahmed Rayyan	Maldives	48.16
	PAK	Ali Aamir Murad, M. Asif Javed Mohsin Ali, Shahid Ali	Pakistan	DNF

## Final Medal Tally

	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>
India	21	19	05
Sri Lanka	08	08	18
Pakistan	00	02	01
Maldives	00	00	04
Bangladesh	00	00	01

### List of Events (Men -16 events / Women -13 events)

Men	100 M., 200 M., 400 M., 800 M., 1500 M., 5000 M., 110 M. Hurdles, 400 M. Hurdles, High Jump, Long Jump, Pole Vault, Shot Put, Discus, Javelin, 4X100 M., 4X400 M.
Women	100 M., 200 M., 400 M., 800 M., 1500 M., 100 M. Hurdles, High Jump, Long Jump, Shot Put, Discus, Javelin, 4X100 M., 4X400 M.