



ATHLETICS

TECHNICAL HANDBOOK

Updated as at 30-03-2009

ATHLETICS INFORMATION

1. Key Contacts

1.1 International Association of Athletics Federations (IAAF)

President	Mr Lamine Diack
Secretary General	Pierre Weiss
Address	17 rue Princesse Florestine BP 359 MC98007 Monaco
Telephone	+377 93 10 8888
Facsimile	+377 93 15 9515
E-mail	info@iaaf.org
Website	www.iaaf.org

1.2 Asian Athletics Association (AAA)

President	Mr Suresh Kalmadi M. P.
Secretary Treasurer	Maurice R. Nicholas
Address	26 Windsor Park Road Singapore 574132
Telephone	+65 286 5506
Facsimile	+65 286 2432
E-mail	aaaa@swiftech.com.sg
Website	www.asianathletics.org

1.3 Singapore Athletic Association (SAA)

President	Mr Loh Lin Kok
Secretary General	S Govindaraju
Address	3 Champions Way Singapore Sports School #01-10 Singapore 737912
Telephone	+65 6386 2721
Facsimile	+65 6386 7773
E-mail	athletics@pacific.net.sg
Website	www.singaporeathletics.org.sg

1.4 Delegates

Organisational Delegate	Mr Maurice R. Nicholas (SIN)
Technical Delegates	Mr Shen Chunde (CHN) Mr C. K. Valson (IND)
Medical Delegate	Dr Mohammad Reza Kazemi Ashtiyani (IRI)

1.5 International Technical Officials

	Mr Kwan Kee (HKG)
	Mr Koo Bon-chil (KOR)
	Mr Ong Kek Heang (MAS)
	Mr Jesus Tubog Jr (PHI)
	Mr Sumartoyo Martodihardjo (INA)
	Mr Yukio Seki (JPN)
	Mr Srichaisawat Paiboon (THA)
	Mr Abdul Hakeem Mohd Al-Ameril (QAT)
International Photo	Ravinder Chaudhry (IND)

International Referee (Jury):	Mr K.V. Varghese (BRU) Mr Koji Sakurai (JPN) Mr Eng. Suhail Q.Al-Zawawai (KSA)
-------------------------------	--

1.6 SAYGOC Head of Sports Events

Mr Vincent Eu Lik Ping

Address 230 Stadium Boulevard
Singapore 397799

Telephone +65 6500 5285
Facsimile +65 6346 1842
E-mail vincent_eu@ssc.gov.sg

1.7 Competition Manager

Mr Wong Tien Choy

Address 3 Champions Way Singapore Sports School
#01-10
Singapore 737912

Contact No. +65 9641 9225

E-Mail tcwong1947@yahoo.com.sg

2. Competition Information

2.1 Key Dates

Opening of the Athletes Village	26 June
Opening of Training Venues	26 June
Technical Meetings	29 June
Opening Ceremony	29 June
Athletics Competition Begins	30 June
Athletics Competition Ends	3 July
Closing Ceremony	7 July

**All dates stated are subject to changes.*

2.2 Venues

Competition Venue

The Athletics competition will take place in Bishan Stadium.

Training Venue

The training venues will be Tampines and Bedok Stadium.

2.3 Competition Events

The athletics competition will consist of the following events for boys and girls:

Boys	100m, 400m, 800m, 400m hurdles, 1500m, 4 x 200m, 110m hurdles, High Jump, Triple Jump, Long Jump, Shot Put, Discus, Javelin, Pole Vault
Girls	100m, 400m, 800m, 400m hurdles, 1500m, 4 x 200m, 100m hurdles, High Jump, Triple Jump, Long Jump, Shot Put, Discus, Javelin, Pole Vault

2.4 Tentative Competition Schedule

Day	Date	Event	Start Time	Gender	Phase		
1	30 June	Triple Jump	0830hrs	Girls	Qualifying Groups A & B		
		Javelin Throw	0830hrs	Boys	Qualifying Group A		
		Shot Put	0830hrs	Girls	Qualifying Groups A & B		
		Long Jump	1000hrs	Boys	Qualifying Groups A & B		
		Javelin Throw	1000hrs	Boys	Qualifying Group B		
		Pole Vault	1500hrs	Boys	Finals		
		High Jump	1500hrs	Girls	Qualifying Groups A & B		
		Discus Throw	1500hrs	Boys	Qualifying Group A		
		400m Hurdles	1500hrs	Boys	Round 1		
		400m Hurdles	1545hrs	Girls	Round 1		
		400 metres	1630hrs	Boys	Round 1		
		Triple Jump	1650hrs	Boys	Qualifying Groups A & B		
		Discus Throw	1650hrs	Boys	Qualifying Group B		
		400 metres	1715hrs	Girls	Round		
		1500 metres	1800hrs	Boys	Round 1		
		1500 metres	1830hrs	Girls	Round 1		
				Discus Throw	0830hrs	Girls	Qualifying Group A
				High Jump	0830hrs	Boys	Qualifying Groups A & B
800 metres	0845hrs			Girls	Round 1		
Long Jump	0900hrs			Girls	Qualifying Groups A & B		
800 metres	0930hrs			Boys	Round 1		

2	1 July	Shot Put	1000hrs	Boys	Qualifying Groups A & B		
		Discus Throw	1000hrs	Girls	Qualifying Group B		
		100m Hurdles	1015hrs	Girls	Round 1		
		110m Hurdles	1045hrs	Boys	Round 1		
		100m Hurdles	1430hrs	Girls	Semi-finals		
		110m Hurdles	1500hrs	Boys	Semi-finals		
		Pole Vault	1500hrs	Girls	Finals		
		Triple Jump	1500hrs	Girls	Finals		
		100 metres	1530hrs	Boys	Round 1		
		100 metres	1615hrs	Girls	Round 1		
		Discus Throw	1650hrs	Boys	Finals		
		Shot Put	1650hrs	Girls	Finals		
		400 metres	1700hrs	Boys	Semi-finals		
		400 metres	1730hrs	Girls	Semi-finals		
		4x200m	1800hrs	Boys	Round 1		
		4x200m	1845hrs	Girls	Round 1		
				Javelin Throw	0830hrs	Girls	Qualifying Group A
				800 metres	0830hrs	Girls	Semi-finals
800 metres	0900hrs			Boys	Semi-finals		
100 metres	0930hrs			Girls	Semi-finals		
Javelin Throw	1000hrs			Girls	Qualifying Group B		
100 metres	1000hrs			Boys	Semi-finals		
100m Hurdles	1030hrs			Girls	Finals		

3	2 July	110m Hurdles	1100hrs	Boys	Finals
		High Jump	1500hrs	Girls	Finals
		Javelin Throw	1500hrs	Boys	Finals
		400m Hurdles	1530hrs	Boys	Semi-finals
		400m Hurdles	1600hrs	Girls	Semi-finals
		400 metres	1630hrs	Boys	Finals
		400 metres	1645hrs	Girls	Finals
		Long Jump	1650hrs	Boys	Finals
		Discus Throw	1650hrs	Girls	Finals
		1500 metres	1700hrs	Boys	Finals
		1500 metres	1715hrs	Girls	Finals
		4x200m	1730hrs	Boys	Semi-finals
		4x200m	1800hrs	Girls	Semi-finals
4	3 July	High Jump	1500hrs	Boys	Finals
		Triple Jump	1500hrs	Boys	Finals
		Javelin Throw	1500hrs	Girls	Finals
		400m Hurdles	1530hrs	Boys	Finals
		400m Hurdles	1545hrs	Girls	Finals
		100 metres	1615hrs	Boys	Finals
		100 metres	1630hrs	Girls	Finals
		Shot Put	1650hrs	Boys	Finals
		Long Jump	1650hrs	Girls	Finals
		800 metres	1700hrs	Boys	Finals

		800 metres	1720hrs	Girls	Finals
		4x200m	1750hrs	Girls	Finals
		4x200m	1815hrs	Boys	Finals

Note: This schedule is subject to changes.

3. Competition Rules and Regulations

3.1 Competition Rules

The athletics competition shall be held in accordance with the current rules of the International Association of Athletics Federations (IAAF). In case of disagreement over the interpretation of the Rules, the English text shall prevail. Any unforeseen cases not covered by these regulations shall be resolved in accordance with the OCA Constitution and Rules as well as the Rules of the IAAF and the Asian Athletics Association (AAA).

Qualification for Next Round

For Track events, qualification for the next round would be based on IAAF Rule 166.

In the field events, qualifying rounds may be held depending on the number of participants in each field event. Qualification standards will be announced at the Technical Meeting.

Heights of Bar

The starting height and successive heights of the bar in the high jump and the pole vault events will be decided at the Technical Meeting.

Call Rooms

The first Call Room will be located at the warm up track at Raffles Junior College and the second Call Room at the competition venue. The time limits for athletes to report to the call room before each event are as follows:

<i>Event</i>	<i>Call Time</i>		<i>Arrival at 2nd Call Room</i>	<i>Arrival at FOP</i>
	<i>Start</i>	<i>End</i>		
Track Events	Forty (40) mins before start of competition	Thirty (30) mins before start of competition	Twenty (20) mins before start of competition	Ten (10) mins (15 mins for hurdles) before start of competition
Field Events (except Pole Vault)	Sixty (60) mins before start of competition	Fifty (50) mins before start of competition	Forty (40) mins before start of competition	Thirty (30) mins before start of competition
Pole Vault Event	NA	NA	Eighty (80) mins before start of competition	Sixty (60) mins before start of competition

3.2 Meetings and Briefings

A Technical Meeting cum Team Managers' Meeting will be held on 29 June 2009 at 10.00 am (venue to be confirmed). A maximum of two official representatives from each participating member may attend.

3.3 Protests and Appeals

A Jury of Appeal will be formed by members of the AAA Council in accordance with the OCA Constitution and Rules as well as the IAAF Rules. Protests shall be resolved in accordance with IAAF Rules. All protests must be accompanied by a deposit of USD100 or its equivalent in local currency.

3.4 Failure to Participate

All participating members should bear in mind IAAF Rule 142.4 with regard to Failure to Participate.

3.5 Technical Officials

The athletics competition shall be conducted by judges nominated by SAA and approved by the AAA.

The AAA shall appoint eight international technical officials to take part in the athletics competition management.

3.6 Sports Entries

Preliminary Entry (Entry by Number)

Each participating OCA member (NOCs) must submit preliminary entry forms (Entry by Number) to SAYGOC by 2400hrs (GMT +8, Singapore local time) on 15 January 2009. This form may be submitted by fax but the original form must be returned no later than 15 Jan 2009. SAYGOC's address, telephone, fax and email address can be found on the entry form.

Final Entry (Entry by Name)

Each participating OCA member (NOCs) must send the final entry forms (Entry by Name) to SAYGOC by 2400hrs (GMT +8, Singapore local time) on 30 April 2009. Any late forms, additional applications, or other alterations shall not be accepted after this time. SAYGOC's address, telephone, fax and email address can be found on the entry form.

Final Confirmation

Official representatives of each participating member must submit final confirmation of athletes' entries for the first day of competition at the Technical Meeting. Final confirmation of subsequent days of competition should be submitted to the Technical Information Centre (TIC) by 9.00am one day prior to the day of competition.

Special care should be taken to observe the International Association of Athletics Federation (IAAF) Rule 142 para. 4, Failure to Participate.

3.7 Participants

Only competitors who comply with the Constitution and Rules of the OCA are entitled to participate in the 1st Asian Youth Games Singapore 2009 athletics competition.

Each participating OCA member (NOCs) is allowed to enter a total of 6 boys and 6 girls for the athletics competition. All competitors must be between the ages of 15 and 16 years old (born in the year 1993 or 1994).

NOCs to ensure that competitor's entry by name submission must only be for one sport. That is, each competitor is allowed to register and be accredited to participate in one sport only, as per guidelines specified in the Entries and Accreditation Manual.

Individual Events

Each participating member may enter ONE athlete for each individual event. Substitutes will not be permitted in the individual events.

Team Events

Each participating member may enter one team for the relay event. Each team shall be composed of six athletes.

Once the team has entered the competition, only two additional athletes may take part in subsequent rounds as substitutes. Substitutes may only be taken from the list of athletes entered for the athletics competition, whether for the relays or for any other athletic events. Team composition and running order must be officially declared before the start of each round of the competition. An athlete who has taken part in one round and has subsequently been substituted by another cannot take part in the team again.

3.8 Sports Equipment and Implements

Equipment and facilities are in accordance with the regulations and specifications set by the IAAF.

All implements provided by SAYGOC for the competition, training, and warm-up shall conform to IAAF Rules. Personal implements shall be allowed provided that they

- have IAAF certification
- are not on the official list
- have been handed in two days before the competition and checked in accordance with Technical Delegate's instructions
- are made available to all competitors until the end of the Final.

3.9 Dress Code

All athletes participating in the athletics competition must wear appropriate clothing and apparel that comply with the IAAF Rules and Regulations.

3.10 Doping Control

Doping control during the 1st Asian Youth Games Singapore 2009 will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Youth Games and will follow the standards under the World Anti-Doping Program.

3.11 Gender Verification

Gender verification tests may be carried out in accordance with the OCA Constitution and Rules, except for those competitors who present a valid certificate of femininity issued by the IOC Medical Commission or the OCA Sports Medicine Committee.

3.12 Victory Ceremonies

The victory ceremony will commence soon after the final results are announced. The ceremony will take place in front of the VIP stand. Medals and mascot bearers will enter the field of play and take their position. Athletes will be escorted to the podium.

The medals will be presented by the OCA President or his representative. The national anthem of the gold medalist(s) will be played and the flags of the winners will be hoisted. Winners must wear their NOC official sports uniform.

3.13 Media Interviews

Athletes should go through the mixed zone after their event whenever there is a mixed zone set up. Athletes should attend press conferences / interviews when requested.