













10th Asian Cross Country Championship 2009 1 Mar , Bahrain

N	Country		Junior Men	Senior Men	Junior Women	Senior Women
1	Bahrain		5	6	3	4
2	China		1	1	1	2
3	India		5	5	3	5
4	Iran		4	4	4	3
5	Iraq		4			
6	Japan		6	5	4	4
7	Jordan		6	6	6	
8	Kuwait		6			
9	Kyrgyzstan		1			1
10	Malaysia			5		1
11	Oman			5		
12	Palestine		3	6	2	1
13	Qatar			6		
14	Saudi Arabia		6	6		
15	Singapore				4	
16	Sri Lanka			4		4
17	Syria			4		
18	U.A.E			1		
19	Yemen		4			
Total: 168			51	64	27	26