



第 18 届亚洲田径锦标赛 · 广州
The 18th Asian Athletics Championships • Guangzhou



The 18th Asian Athletics Championships

TECHNICAL HANDBOOK

Guangzhou • China
November 10-14, 2009



第 18 届亚洲田径锦标赛 · 广州
The 18th Asian Athletics Championships • Guangzhou



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ASIAN ATHLETICS ASSOCIATION COUNCIL

- President: Shri. Suresh Kalmadi, M.P. (IND)
- Senior Vice President: Brig. Dahlan Jumaan Al-Hamad (QAT)
- Vice Presidents: Dr. Luo Chaoyi (CHN)
Mr. Koji Sakurai (JPN)
Mr. Go Teng Kok (PHI)
Eng.Suhail Q. Al-Zawawi (KSA)
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- Secretary – Treasurer: Mr. Maurice R. Nicholas (SIN)
- Individual Members: Mr. K.V. Varghese (BRU)
Mr. William J. Ko (HKG)
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Mr. Saad Hiyasat (JOR)
Mr. Alexey Kondrat (KAZ)
Mrs. Claire Chehab (LIB)
Hjh Rajemah Sheikh Ahmad (MAS)
Sheik Soud Hamed S.Al-rawahi (OMA)
Mr. Ranjit L. Weerasena (SRI)
- Members(Ex-Officio): Mr. Lamine Diack (IAAF President)
Dr. Luo Chaoyi (CHN) (IAAF Council Member)
Mr. Katsuyuki Tanaka (JPN) (IAAF Council Member)
Mr. Jung-Ki Park (KOR) (IAAF Council Member)



The 18th ASIAN ATHLETICS CHAMPIONSHIPS
NOVEMBER 10 – 14, 2009 / GUANGZHOU, CHINA

ORGANIZING COMMITTEE

Chairperson (TBC)

Vice Chairpersons (TBC)

MANAGEMENT COMMITTEES

Executive Office

Sports Department

Venues & Overlays Department

Information Technology & Telecommunications

External Relation Department

Games Services Department

Marketing Department

Ticketing Department

Games Security Department

Press & Publicity Department

Medical Services Department

Volunteers Department

Presentation & Awarding Department

Supervision & Auditing



The 18th ASIAN ATHLETICS CHAMPIONSHIPS
NOVEMBER 10 – 14, 2009 / GUANGZHOU, CHINA

APPOINTED OFFICIALS

Organizational Delegate	Mr. Maurice R. Nicholas (SIN)
Technical Delegates	Mr. Loh Lin Yow (SIN) Mr. C. K. Valson (IND)
Medical Delegate	Datuk Dr. M. Jegathesan (MAS)
Doping Control Delegate	Dr. Fumihiro Yamasawa (JPN)
Asian Technical Officials	1) Mr. Ali Yaseen Hussain (BRN) 2) Mr. Tony Daniel (IND) 3) Mr. Firouzi Ghazemali (IRI) 4) Mr. Masayuki Abo (JPN) 5) Mr. Koo Bon-Chil (KOR) 6) Mr. T. Nookarajoo (MAS) 7) Mr. Abdul Hakkem Mohd Al-Ameri (QAT) 8) Mr. Wong Tien Choy (SIN)
International Walk Judges	1) Ms Echo Yeung Man Chun (HKG) 2) Mr. Sardjito (IND) 3) Brig. K. S. Chandpuri (IND) 4) Mr. Yoshio Morikawa (JPN) 5) Mr. Vyacheslav Sokirko (KAZ) 6) Mr. Chun Doo-An (KOR) 7) Mr. S.O. Appan (MAS) 8) Mr. S. Muthuveran (SIN) 9) Mr. Visuit Chandoong (THA)
International Walk Judge	Mr. Yang Shande (CHN)
Co-ordinator	
International Photo-Finish Judge	Mr. Ravinder Chaudhry (IND)



Competition Information

1. DATES

The 18th Asian Athletics Championships will take place at Guangdong Olympic Sports Center from November 10 – 14, 2009.

2. VENUE

2.1 Track and Field Events

The Main Stadium at Guangdong Olympic Sports Center will be the venue for the Athletics competitions.

2.2 Race Walking Events

The Race Walking events start and finish in the Main Stadium at Guangdong Olympic Sports Center. The athletes will walk about three (3) laps inside the stadium before exiting through a tunnel connecting to the race walking course. The athletes will walk around the two (2) kilometres loop course in the Guangdong Olympic Sports Center and then back into the Main Stadium through the tunnel and walk directly to the finish line.

2.3 Training Venue

The Stadium of Guangdong University of Technology.

3. EVENTS

There are 44 events in the 18th Asian Athletics Championships, including 22 men's events and 22 women's events. The events are as below:

3.1 Events for men

Track Events :

1. 100 meters
2. 200 meters
3. 400 meters
4. 800 meters
5. 1500 meters
6. 5000 meters
7. 10000 meters



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8. 110 meters hurdles
 9. 400 meters hurdles
 10. 3000 meters steeplechase

Jumping Events :

11. High Jump
12. Long Jump
13. Triple Jump
14. Pole Vault

Throwing Events :

15. Discus Throw
16. Javelin Throw
17. Hammer Throw
18. Shot Put

Team Events :

19. 4×100 meter relay
20. 4×400 meter relay

Road Event :

21. 20 km walk

Combined Events :

22. Decathlon

3.2 Events for Women

Track Events :

1. 100 meters
2. 200 meters



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3. 400 meters
 4. 800 meters
 5. 1500 meters
 6. 5000 meters
 7. 10000 meters
 8. 100 meters hurdles
 9. 400 meters hurdles
 10. 3000 meters steeplechase

Jumping Events :

11. High Jump
12. Long Jump
13. Triple Jump
14. Pole Vault

Throwing Events :

15. Discus Throw
16. Javelin Throw
17. Hammer Throw
18. Shot Put

Team Events :

19. 4×100 meter relay
20. 4×400 meter relay

Road Event :

21. 20 km walk

Combined Events :

22. Heptathlon



4. COMPETITION SCHEDULE

Competition Schedule

Day 1 Tuesday:(10/11)

Session 01 Start: 09:00

Time	Event	Gender	Round
	100m Hurdles	Women	Heptathlon
	100m Hurdles	Women	Heats
	Long Jump	Men	Qualifying
	High Jump	Women	Heptathlon
	100m	Women	Heats
	100m	Men	Heats
	1500m	Women	Heats
	1500m	Men	Heats
	400m	Women	Heats
	400m	Men	Heats

Session 02 Start: 19:00

Time	Event	Gender	Round
19:00 Opening Ceremony			
	Shot Put	Women	Heptathlon
	Long Jump	Women	Final
	100m	Women	Quarter-Final
	Hammer Throw	Men	Final
	100m	Men	Quarter-Final
	400m	Women	Semi-Final
	Shot Put	Women	Final
	400m	Men	Semi-Final
	5000m	Women	Final
	5000m	Men	Final
	200m	Women	Heptathlon

Day 2 Wednesday:(11/11)

Session 03 Start: 09:00

Time	Event	Gender	Round
	Long Jump	Women	Heptathlon
	Triple Jump	Men	Qualifying
	100m	Women	Semi-Final
	100m	Men	Semi-Final
	Javelin Throw	Women	Heptathlon
	110m Hurdles	Men	Heats



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Session 04 Start: 19:00

Time	Event	Gender	Round
	Pole Vault	Men	Final
	Triple Jump	Women	Final
	Hammer Throw	Women	Final
	100m	Women	Final
	100m	Men	Final
	Shot Put	Men	Final
	100m Hurdles	Women	Final
	400m	Women	Final
	400m	Men	Final
	800m	Women	Heptathlon
	1500m	Women	Final
	1500m	Men	Final

Day 3 Thursday:(12/11)

Session 05 Start: 09:00

Time	Event	Gender	Round
	20km Walk	Men	Final
	100m	Men	Decathlon
	400m Hurdles	Women	Heats
	400m Hurdles	Men	Heats
	Long Jump	Men	Decathlon
	800m	Women	Heats
	800m	Men	Heats
	Shot Put	Men	Decathlon
	200m	Women	Heats
	200m	Men	Heats

Session 06 Start: 19:00

Time	Event	Gender	Round
	High Jump	Men	Decathlon
	Pole Vault	Women	Final
	Long Jump	Men	Final
	200m	Women	Semi-Final
	200m	Men	Semi-Final
	Javelin Throw	Women	Final
	110m Hurdles	Men	Final
	3000m Steeplechase	Women	Final
	3000m Steeplechase	Men	Final
	4×100m Relay	Men	Heats



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	4×100m Relay	Women	Heats
	400m	Men	Decathlon
	4×400m Relay	Women	Heats
	4×400m Relay	Men	Heats

Day 4

Friday:(13/11)

Session 07

Start: 09:00

Time	Event	Gender	Round
	20km Walk	Women	Final
	110m Hurdles	Men	Decathlon
	800m	Women	Semi-Final
	800m	Men	Semi-Final
	Discus Throw	Men	Decathlon
	Pole Vault	Men	Decathlon

Session 08

Start: 19:00

Time	Event	Gender	Round
	Javelin Throw	Men	Decathlon
	High Jump	Men	Final
	Triple Jump	Men	Final
	400m Hurdles	Women	Final
	400m Hurdles	Men	Final
	Discus Throw	Women	Final
	200m	Women	Final
	200m	Men	Final
	800m	Women	Final
	800m	Men	Final
	1500m	Men	Decathlon

Day 5

Saturday:(14/11)

Session 09

Start: 09:00

Time	Event	Gender	Round
	Discus Throw	Men	Final
	10000m	Women	Final
	10000m	Men	Final

Session 10

Start: 19:00

Time	Event	Gender	Round
	High Jump	Women	Final
	Javelin Throw	Men	Final
	4×100m Relay	Women	Final
	4×100m Relay	Men	Final



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	4×400m Relay	Women	Final
	4×400m Relay	Men	Final
Closing Ceremony			

This schedule is subject to change depending on the number of participating teams.

5. PARTICIPANTS

5.1 Only competitors whose countries are members of the AAA and complying with the Constitution and Rules of the AAA are entitled to participate in the 18th Asian Athletics Championships 2009.

5.2 Individual Events

Each National Association or Federation may enter two (2) competitors for each individual event; however the Host Country may enter three (3) competitors for each individual event.

5.3 Team Events

5.3.1 Each participating country/region may enter one (1) team for each relay event. Each team shall be composed of six (6) athletes.

5.3.2 Once the team has entered the competition, only two (2) additional athletes may take part in subsequent rounds as substitutes. Substitutes may only be taken from the list of athletes entered for the athletic competition and running order must be officially declared before the start of each round of the competition.

6. ENTRIES

6.1 Preliminary Entry (by number)

The Preliminary Entry Forms for all teams must be received by the ORGANIZING COMMITTEE OF 18th ASIAN ATHLETICS CHAMPIONSHIPS by not later than August 10, 2009.

6.2 Final Entry (by name)

The Final Entry Forms for all teams must be received by the ORGANIZING COMMITTEE OF 18th ASIAN ATHLETICS CHAMPIONSHIPS by not later than October 25, 2009 at 2400 hours, local time. After the final entry deadline, no



additions or changes of events between the athletes already entered in the team before the deadline. Any changes must be made before the Technical Meeting.

6.3 Final Confirmation

Official representatives of each country/region must submit final confirmation of athletes entries at the Technical Meeting to be held on November 8, 2009 at 1700 hours for the first day events, and subsequently by not later than 1000 hours on the day prior to the 2nd day, 3rd and 4th day, and 5th day of competition.

Special care should be taken to observe the International Association of Athletics Federation (IAAF) Rule 142 par. 4, **Failure to participate.**

7. COMPETITION RULES AND REGULATION

7.1 The athletics competition shall be held in accordance with the current IAAF Rules. In the case of disagreement over the interpretation of the Rules, the English text shall prevail. Any unforeseen incidents not covered by the Rules shall be resolved in accordance with the AAA Constitution and the Rules of the IAAF.

7.2 The start and successive heights of the bar in the high jump, pole vault, men's decathlon and women's heptathlon events will be decided by the Technical delegates at the Technical meeting before the competition.

7.3 Call Room Reporting Times.

The time limits for athletes to report to the call room before each event are as follows:

Events	Pre- call			First Call Reporting Time (Closed time)
	1st	2nd	3rd	
All Track Events (except Relays)	42min	38min	33min	30min before competition
Relays, Race Walking	52min	48min	43min	40min before competition
Throws and Horizontal Jumps	62min	58min	53min	50min before competition
High Jump	72min	68min	63min	60min before



				competition
Pole Vault	82min	78min	73min	70min before competition

Once in the First Call Room, athletes are identified by their accreditation and competition number. Athletes' accreditation passes will be collected by Call Room Judges and will be returned at the Post Event Control Centre.

8. IMPLEMENTS AND EQUIPMENTS

All implements and equipment, which LOC provides for the competitions, training and warming up shall conform to IAAF Rules. No personal implements may be used for competition except for the vaulting poles.

If any athlete wants to use any other brand of IAAF approved implements other than provided by the LOC, he/she should pass the implement to the Technical Committee at least one day before the competition for checking purposes. If approved, such implements will be included in the general pool of implements and it would be available for use by any other competitor who wants to use it.

9. MEDICAL CONTROL

9.1 Doping Control

Doping control tests will be carried out in accordance with the IAAF Rules.

10. MANAGEMENT INFORMATION

10.1 Competition Management

The ORGANIZING COMMITTEE OF 18th ASIAN ATHLETICS CHAMPIONSHIPS shall be responsible for the organization and management of the athletics competition under the guidance of the AAA.

10.2 Technical Officials

10.2.1 The athletics competition except for the walking events, shall be conducted by ORGANIZING COMMITTEE OF 18th ASIAN ATHLETICS CHAMPIONSHIPS accredited Technical Officials.



10.2.2 Nine (9) judges for the walking events shall be appointed by the AAA from amongst the international panel of walking judges.

10.2.3 The AAA shall appoint eight (8) Technical Officials (ATO/ITO) to take part in the athletics competition management.

10.3 Protest

10.3.1 In accordance with the IAAF Rule 119, a Jury of Appeal shall be appointed by and will comprise the members of the AAA Council.

10.3.2 Protests shall be processed according to IAAF Rule 146. Protests concerning the result or conduct of an event must be made within 30 minutes of the official announcement of the result of that event. Any protest shall, in the first instance, be made orally to the Referee by the athlete himself or by someone acting on his behalf.

An appeal to the Jury of Appeal must be made within 30 minutes of the official announcement of the decision made by the Referee, in writing on the official forms, signed by a responsible official on behalf of the athlete, and shall be accompanied by a deposit of US \$ 100, or its equivalent calculated at the current rate of exchange at any bank in China, which will be forfeited if the protest is not upheld.

All appeals must be submitted to the Main Stadium TIC, from where they will be immediately forwarded to the Secretary of the Jury of Appeal.

10.4 Outfit

10.4.1 Team Clothing

Competitors are required to wear the official uniform of their delegations (as registered at the TIC), which must conform to the latest version of the IAAF Competition Rules, the current IAAF Advertising Regulations.

Each Team Leader must present their team's complete uniform in all its variations at the SIC in the Village. Once the uniform has been registered, the judges will inspect the athletes' clothing at the Call Room.

Only the officially registered uniform will be approved for use when competing in the competition. The Lap of Honor and Medal



Ceremonies are considered as part of the competition.

10.4.2 Bib Numbers

The bib numbers will be distributed at the entrance of the Technical Meeting. Each athlete will receive a total of four (4) bib numbers with safety pins for each athlete taking part in the competition: two (2) bib numbers for their competition vest, one (1) for their track suit and one (1) for their bag. These bib numbers must not be cut, folded or obscured in any way.

All competitors must display the bib numbers on their chest and back, except in the High Jump and Pole Vault events, where one (1) bib number only may be worn on either the chest or the back.

Athletes taking part in the track events will also be given two (2) adhesive hip numbers in Final Call Room before entering into the FOP. The hip numbers must be fixed to both sides of their shorts or upper legs.

For the Combined Events, the leading athlete after each event will be given a special bib number to be worn on his/her chest, which shows the current first ranking athlete. Athletes competing in the last heat of the 800m and 1500m in the Combined Events will be given a separate number to be worn on their chest, indicating their position in the competition before the last event. The distribution of these special bibs will take place at the Combined Events Rest Room and will be managed by the Combined Events Referee.

11. COMMENDATION

11.1 Awarding Ceremonies

The Awarding Ceremonies will be held, if possible, after the completion of each event. Participants receiving awards must wear their official team uniform.

11.2 Prizes

The prizes for the athletics competition will be as follows:

Individual Events

First Place	Gold medal and diploma.
Second Place	Silver medal and diploma.
Third Place	Bronze medal and diploma.



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Fourth to Eighth Places

Diploma only.

TEAM EVENTS

First Place

Gold Medal and diploma for each real participating member of the winning team.

Second Place

Silver medal and diploma for each real participating member of the team finishing second.

Third Place

Bronze medal and diploma for each real participating member of the team finishing third.

Fourth to Eighth Place

Diploma for each real participating members of teams placed in each event.

12. TECHNICAL MEETING

Technical Meeting will be held on November 8, 2009 at 1700 hrs. A maximum of two (2) official representatives from each Association or Federation may attend. Questions concerning organization of the Meet events will be addressed. An instruction brochure will be distributed to the team managers before the meeting.

13. APPROVAL OF TECHNICAL HANDBOOK

The Technical Handbook has been approved by the AAA.